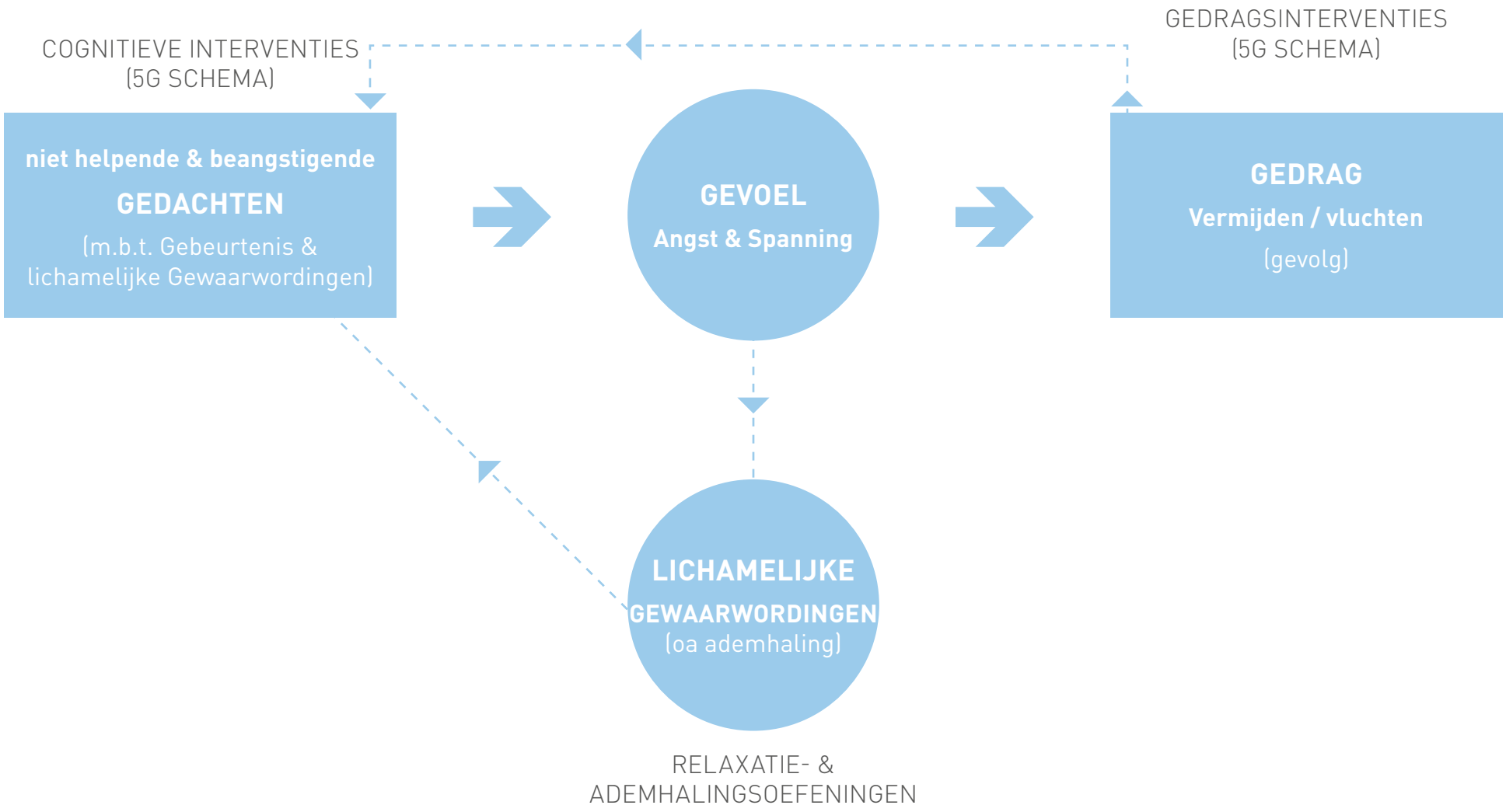DE ANGSTCIRKEL